

 **Courtesy Copy: Training Opportunities: Spokane Valley and Federal Way**

**From** Washington State Department of Early Learning **Date** Tuesday, September 22, 2015 8:40:14 AM  
**Subject** Courtesy Copy: Training Opportunities: Spokane Valley and Federal Way

**This bulletin was sent to the following groups of people:**

Subscribers of Licensed child care centers or Licensed family home child care providers (5512 recipients)



Washington State Department of  
**Early Learning**

### **Training Opportunities: Federal Way and Spokane Valley**

**Greetings Licensed Child Care Provider,**

**The following training opportunities were brought to DEL headquarter's attention:**

**Spokane Valley: Eastern WA Family Child Care Association's "Conscious Discipline" Workshop**

Meet WA state DEL Licensing requirements for your continued education hours by attending EWFCCA's upcoming 6 hour workshop to be held on Saturday, October 3rd. This in-person training is suitable for centers, family child care, and school-age programs. Information about the workshop is attached! Be sure to register early...space is limited! Take advantage of the Early Bird special! A catered lunch by MAX at the Mirabeau is included with your registration!! Visit [ewfccca.org](http://ewfccca.org) for more info.

Questions? Contact Debbie Thurber (EWFCCA President) at 509-926-6144 or email her at [debbie@ewfccca.org](mailto:debbie@ewfccca.org)



*Eastern Washington  
Family Child Care  
Association*

Proudly Presents:



**“Creating Safe Brain Smart®  
Settings Using  
Conscious Discipline®”**

Presented by:  
*Arnette Chastain, LCSW*



**Saturday,  
October 3rd, 2015**

**8:00am-3:00pm**  
(6 STARS hours)

**Mirabeau Park Hotel  
& Convention Center**

**1100 N Sullivan Rd**  
(Sullivan & Mission right off of I-90)  
**Spokane Valley, WA**



For more information,  
visit [www.ewfcca.org](http://www.ewfcca.org); call Debbie Thurber  
at 509-926-6144 or email her at  
[Debbie@ewfcca.org](mailto:Debbie@ewfcca.org)

**Federal Way: Active Play! Preschool Physical Activity Train-the-Trainers Workshop**

**Registration Now Open: [September 30, 2015 in Federal Way]**

This FREE [Train-the Trainers workshop with Diane Craft](#), PhD is designed for coaches, educators, licensors, trainers, and professional development providers who design and/or deliver trainings and technical assistance in early learning settings. [Dr. Craft](#) is a nationally renowned expert in early childhood physical activity with a specialty in creating activities and environments accessible to all children.

**Register now:** <https://www.eventbrite.com/e/active-play-preschool-physical-activity-train-the-trainer-workshop-registration-18401306804>

**Workshop description**

Coaches, educators, licensors, trainers, and professional development providers who work in early learning settings could play a vital role in supporting childcare providers to increase physical activity opportunities for our youngest children. Even if children's physical activity is a subject you normally do not address in your day-to-day work, this workshop is a prime opportunity to get interdisciplinary training on an important topic related to child health and school readiness. Dr. Craft's enthusiastic presentation style provides for plenty of interesting and fun hands-on, practical experiences for participants.

**In this workshop, participants will:**

- Learn how to provide high-quality technical assistance on fun, inclusive, developmentally appropriate physical activities that use inexpensive equipment, small spaces, and work well in home-based and center-based childcare and preschool settings.
- View short video clips of children 18 months to five years old in childcare settings enjoying moderate to vigorous physical activities in order to illustrate strategies, promising practices, and innovative ideas for physical activity for all ages and abilities.
- Discuss and learn about the importance of physical activity to the physical, emotional and cognitive development of young children.
- Learn how to incorporate technical assistance on physical activity into existing curricula and assessments.



Questions?  
[Contact Us](#)

STAY CONNECTED:



Update your subscriptions, modify your password or email address, or stop subscriptions at

any time on your [Subscriber Preferences Page](#). You will need to use your email address to log in. If you have questions or problems with the subscription service, please contact [subscriberhelp.govdelivery.com](http://subscriberhelp.govdelivery.com).

This service is provided to you at no charge by [Washington State Department of Early Learning](#).