

NEW SECTION

WAC 170-300-0291 Safe sleep practices—Infants and toddlers.

(1) An early learning provider must follow safe sleep practices for napping or sleeping infants and toddlers by:

(a) Supervising an infant at least every fifteen minutes by being within sight and hearing range, including when an infant goes to sleep, is sleeping, or is waking up;

(b) Following the current standard of American Association of Pediatrics concerning safe sleep practices including SIDS/SUIDS risk reduction;

(c) Placing an infant to sleep on his or her back or following the current standard set by the American Association of Pediatrics. If an infant turns over while sleeping, the provider is not required to return the infant to his or her back;

(d) Not using a sleep positioning device unless directed to do so by an infant's health care provider. The directive must be in writing and kept in the infant's file;

(e) Sufficiently lighting the room in which an infant is sleeping to observe the infant's skin color;

(f) Monitoring an infant's breathing patterns;

(g) Allowing infants and toddlers to follow their own sleep patterns;

(h) Not allowing loose blankets, cloth diapers, stuffed toys, pillows, crib bumpers, and similar items in sleeping equipment;

(i) Not allowing a blanket or any other item to cover or drape over sleeping equipment;

(j) Not allowing a blanket, bedding, or clothing to cover any portion of an infant's head or face while asleep, and readjusting these items when necessary;

(k) Preventing infants from getting too warm while sleeping; and

(l) Not leaving infants and toddlers in sleeping equipment for more than fifteen minutes when happily awake, or more than three minutes when unhappily awake.

(i) An early learning provider who is unable to pick up an unhappy infant in three minutes must immediately respond verbally to the infant's cries and assure the infant that he or she will be given attention.

(ii) An early learning provider must pick up the unhappy infant within five minutes of the verbal response.

(2) An early learning provider who receives notice of a safe sleep violation must:

(a) Post the notice in the licensed space for two weeks or until the violation is corrected, whichever is longer; and

(b) Within five working days of receiving notice of the violation, provide all parents and guardians of enrolled children with:

(i) A letter describing the safe sleep violation; and

(ii) Written information on safe sleep practices for infants.

REPEALER

The following sections of the Washington Administrative Code are repealed:

WAC 170-295-4110 What are infant safe sleep practices?

REPEALER

The following section of the Washington Administrative Code is repealed:

WAC 170-296A-7100 Infant safe sleep practices.