



Washington State Department of  
**Early Learning**

# American Academy of Pediatrics “What’s the Latest With the Flu” Message for Child Care Providers

2016-2017 Influenza Season

[Flu](#) activity is elevated in the United States, as is expected at this time of year. The single best way to protect against influenza and reduce the risk of becoming sick from it is to get vaccinated. Influenza vaccine is recommended for everyone 6 months of age and older, including child care staff. It is recommended that everyone get vaccinated NOW, if you have not already received it this season. Vaccination of every person in a child care setting is an incredibly valuable step in protecting the public's health.

## Misconceptions about the Flu Vaccine

A number of misconceptions about the flu vaccine have emerged over the years, causing some to avoid vaccination. Below you will find important information to clear up these mistaken ideas.

- While some people may experience mild side effects within a day of receiving the influenza vaccine, it never causes the flu.
- How well the flu vaccine works may change from year-to-year, but in general, the vaccine cuts the risk of flu illness and flu hospitalizations by at least half. Every year, flu vaccines prevent millions of illnesses and hundreds of thousands of hospitalizations.
- This year, the flu vaccine is a very good match with the exact influenza viruses circulating in communities.
- Flu vaccines are safe for pregnant women. A flu vaccine can protect a pregnant woman from flu AND protect her baby for several months after birth.

- It takes 2 weeks for flu vaccine protection to begin, so it is important to get vaccinated as soon as possible.

See the Centers for Disease Control and Prevention (CDC) fact sheet "[No More Excuses: You Need a Flu Vaccine](#)" for more information.

## Influenza Prevention & Control Handout Available in English and Spanish

The "[Influenza Prevention and Control: Strategies for Early Education and Child Care Programs](#)" handout will help you learn more about how to lessen the impact of flu in your Head Start or early education/child care program. The handout is available in [English](#) and in [Spanish](#). To request complimentary print copies of the handout while supplies last, e-mail [DisasterReady@aap.org](mailto:DisasterReady@aap.org). Quantities requested are not guaranteed.

## Certificate of Immunization Status Changes

A new hard copy Certificate of Immunization Status (CIS) dated Jan. 2017 has been posted [here](#). Some reminders:

- Please use the new CIS for all new children
- Previous versions of the CIS are still valid
- There is no requirement to transfer immunizations from an old CIS to the new CIS
- There is no requirement to get a CIS from children each year
- My Immunization Record (MyIR) that parents access is still generating the old version. This CIS is valid and can be accepted
- Frequently Asked Questions about the CIS and Certificate of Exemption (COE) are available [here](#).

Please send any questions to [oi cpschools@doh.wa.gov](mailto:oi cpschools@doh.wa.gov). Thank you and we look forward to continuing to work closely with all of you in the new year!

# Funding opportunities

## Smart from the Start

Smart from the Start Awards are designed to encourage preschool teachers to create practical, long-term improvements in nutrition and physical activity at their preschool. Grand prize is a \$20,000 grant for the preschool and a prize pack of books. 10 Runners-Up receive a \$2,500 grant and a prize pack of books. Deadline: March 2, 2017.

<http://www.togethercounts.com/sfts/awards>

## Federal Meal Assistance

The Office of Superintendent of Public Instruction's (OSPI) Child Nutrition Services section encourages eligible nonresidential licensed child-care centers, family day-care homes, emergency shelters, at-risk centers and some adult day care centers in Washington to participate in the federal Child and Adult Care Food Program (CACFP). The CACFP reimburses some costs associated with serving meals to children and qualified adults. In Washington State, the CACFP has been administered by OSPI's Child Nutrition Services since 1989. More>><http://bit.ly/2jWDdEW>.

## Tribal Home Visiting

The Department of Early Learning in partnership with Thrive Washington and with support from American Indian Health Commission (AIHC) is pleased to announce that funding will be available for tribally-driven home visiting. We are requesting applications from Washington State Tribal organizations, Tribes, and Urban Indian organizations interested in implementing home visiting. Home visiting programs provide parents and caregivers with valuable support and tools to positively impact children's well-being. Research shows many benefits of home visiting, including:

- Improved maternal and prenatal health, infant health, and child health and development,
- Increased school readiness,
- More confident parenting and reduced child maltreatment, and
- Improved socio-economic status and greater coordination of community resources and supports referrals.

Please share this opportunity with partners and organizations statewide. We would like to

The application and more information is attached and is available on our website here:

<https://www.del.wa.gov/helpful-resources/home-visiting>

This webpage will be updated with FAQs weekly for the funding opportunity. The application is due by 5:00p on February 28, 2017.

Questions? Email [strengtheningfamilies@del.wa.gov](mailto:strengtheningfamilies@del.wa.gov).

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## **Mumps outbreak Information for Caregivers and Families**

As you may have heard, the number of reported mumps cases within our state is much higher than normal this year. Staff at the Department of Health have developed tools and guidance documents to share with our partners. The attached toolkit was developed for school and child care staff. It includes a guidance document from our Office of Immunizations & Child Profile, clarification of the student exclusion process, and tools for parent outreach.

Intended users are school administrators and nurses; preschool staff; and child care staff or administrators. Please feel free to forward this toolkit to other who may benefit from having it.

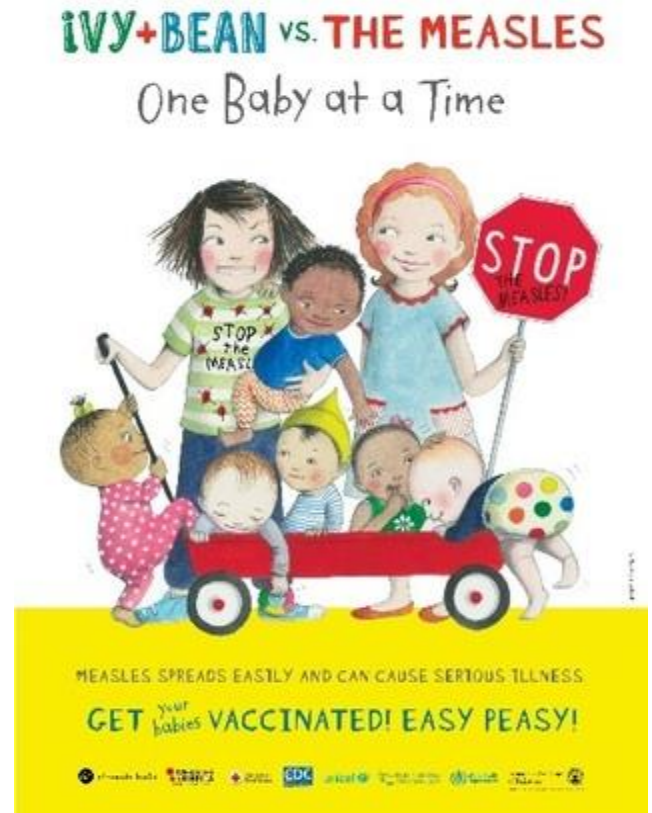
We will continue to update our website with new information as we have it. Please visit: <http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Mumps/MumpsOutbreak>

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## Ivy + Bean...and the Measles

As a follow-up to the 2014 launch, the American Academy of Pediatrics (AAP), Measles & Rubella Initiative (M&RI), and other partners have introduced a new set of educational materials, featuring the precocious duo, now available for doctors, schools, child care centers, and other child health providers. The resources, designed by children's illustrator, Sophie Blackall, feature her popular characters, Ivy and Bean, as they try to stop the measles!

Each kit, available in English and Spanish, includes posters, coloring comic books, stickers, and temporary tattoos. The resources are free of charge (including delivery) and are only available for a limited time. Join Ivy and Bean on their crusade to stop measles by ordering your resources today! (Limit 2 per order; available in US only; must create a log-in account to place and track order).



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## Jan. 30 Deadline: Let's Move! Feedback

Nemours is seeking feedback **from ECE trainers and ECE providers** on which resources available on the Let's Move! Child Care website ([www.healthykidshealthyfuture.org](http://www.healthykidshealthyfuture.org)) they have found to be most useful. All trainers and providers who provide feedback by **January 30th** will be entered into a drawing to win a **\$200 Kaplan gift card (2 cards will be awarded)**. Please distribute to your trainer and provider networks as appropriate.

ECE providers can provide feedback at: <https://www.surveymonkey.com/r/SSJGHWN>

ECE trainers can provide feedback at: <https://www.surveymonkey.com/r/SW5VCG5>

Direct any questions to Adaobi Nwoka ([Adaobi.Nwoka@nemours.org](mailto:Adaobi.Nwoka@nemours.org))

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## The Eastern Washington Family Childcare Association is proud to bring you:

**The Ooey Goey Lady - Lisa Murphy**

**Saturday, March 11th in Spokane, Wa**

**6 STAR hours of new topics**

Register now to take advantage of the early bird price!

Visit [www.ewfcca.org](http://www.ewfcca.org) to download a version of the registration form.

Venue:

Spokane Valley Event Center

10514 E Sprague Ave, Spokane Valley, WA

Contact Deborah Thurber – EWFCCA President – with any questions.

509-926-6144

[debbie@ewfcca.org](mailto:debbie@ewfcca.org)





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Questions?  
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