

ECEAP Family Strengths and Goal Planning

Major SMART Goal (in the family member's words): _____

- Bridge Pillar:**
- Family Stability – Housing
 - Well Being – Health & Mental Health
 - Financial – Debt
 - Education & Training
 - Family Stability – Family & Dependents
 - Well Being – Personal & Professional Networks
 - Financial – Savings
 - Employment & Career Management

New or Revised Goal? New Revised

Next Steps (help the family brainstorm and then choose steps to take)	By when?	Family strengths and resources	Barriers or concerns	Motivation	Date the step was completed
1.					
2.					
3.					
4.					
5.					
IF GOAL TARGET DATE EXTENDED, NEW TARGET COMPLETION DATE:					

Participant Name: _____ Signature: _____ Date: _____

Family Support Staff: _____ Signature: _____ Date: _____

Next meeting time, date, and place: _____ Best time to contact family: _____

Notes:

Please complete when goal is completed, revised or discontinued. If revised or discontinued, please provide reason:

- Goal was achieved by original target date: Date Achieved: _____
- Goal was achieved by extended target date: Date Achieved: _____
- Goal was terminated. Date Discontinued: _____
- Goal was revised. Created a revised goal worksheet

Reason for goal revision or discontinuation: